



The New Jersey Institute for Training in Psychoanalysis
#F202 - Psychopathology I
Fall 2024
Via Zoom

Instructor: Philip A. Herbert, LCSW

Course Description:

In this course the etiology and development of psychic disturbance will be described and discussed through the varied prisms of psychoanalytic perspectives.

Overall course objectives:

At the end of this course candidates will be able:

- 1) To illustrate the importance of diagnosis in treatment planning.
- 2) To identify and examine several theories of infant early development and psychopathology.
- 3) To recognize the various adult personality types and their psychic structures regarding drive, affect, temperament and defensive and adaptive processes.
- 4) To describe the different diagnostic categories of character and their theoretical foundations.
- 5) To explain the symptomatology of adult patients and what they bring to the process of psychoanalytic treatment.

Required textbooks:

- McWilliams, N. (2020). *Psychoanalytic diagnosis, second edition: Understanding personality structure in the clinical process*. Guilford Press. **{hereinafter McWilliams, N.}**
- Shapiro, D. (1963). *Neurotic styles*. Basic Books. **{hereinafter Shapiro, D.}**
- Bollas, C. (2021). *Three characters: Narcissistic, Borderline, Manic Depressive*. Phoenix. **{hereinafter Bollas, D.}**
- De Masi, F. (2023). *Lessons in psychoanalysis: Psychopathology and clinical psychoanalysis for trainee analysts*. Phoenix. **{hereinafter De Masi, F.}**

*Other readings listed are available at PEPWeb

In addition, a suggested reading list to further your understanding and practice of psychoanalysis will be provided by the instructor at the start of the term. These readings are not required, but are essential in your development as a psychoanalyst.

Candidates will be expected to incorporate clinical material from their cases to the readings. The instructor will bring in his own representative cases to enhance the readings and class discussion.

Class 1: The specific nature of psychoanalysis. Making a diagnosis in psychoanalysis.

Readings:

- McWilliams, N. Chapter 3 & Chapter 4
- Shapiro, D. Introduction. pp 1-22

Suggested readings:

- De Masi, F. Chapters 1 & 2.

Class 2: In this class we will explore early emotional development in light of major psychoanalytic theories.

Readings:

- McWilliams, N. Chapter 2. pp 21-37.
- De Masi, F. Chapter 3. pp 11-15.

Class III: We will examine Developmental Levels of Personality Organization.

Readings

Mc Williams, N. Chapter 3. Pp 45-65.

Class 4: We will evaluate the role of primitive defenses and secondary ego defenses, and the therapeutic transference.

Readings:

- McWilliams, N. Chapter Five & Chapter 6.
- De Massi, F. Chapters 6 and 7.

Suggested reading:

Gomes, M. (2023). Projective identification, empathy, and the analytic work. *Imago*, 12, 4, 101-113.

Class 5: Paranoid and Obsessive Compulsive structures. We will analyze in detail the paranoid and obsessive-compulsive personality structures.

Readings:

- McWilliams, N. Chapters Ten and Thirteen.
- Shapiro, D. Chapter Three and Table 2.
- De Masi, F. Chapters 11 & 12.

Class 6: Hysterical and Schizoid. We will analyze Klein's views on schizoid mechanisms as well as other views on this type of organization. We will consider the hysterical organization.

Readings:

- McWilliams, N. Chapters Nine and Fourteen.
- De Masi, F. Chapter 13
- Shapiro, D. Chapter Four.

Class 7: Depression and Mania. We will critically approach mania and depression in light of different perspectives.

Readings:

- McWilliams, N. Chapter Eleven
- De Masi, Chapters 14 & 16.
- Bollas C. *Three characters: Narcissistic, borderline, manic depressive*. Phoenix Publishing House. Chapter 3: The manic depressive.
- Klein, M. (1935). A contribution to the psychogenesis of manic-depressive states. *International Journal of Psychoanalysis*, 16, 145-174.

Class VIII: Narcissism. Intersectionality.

Readings:

- De Masi, F. Chapter 17.

- Bollas, C. Chapter 1.

Suggested readings:

- West, M. (2022). Healthy narcissism and individuation-clinical and political manifestations. *Journal of the Analytical Psychology*, 67, 1, 345-362.
- De Massi. Chapter 18.
- Stoute, B.J. (2022). Race and racism in psychoanalytic thought. The ghosts in our nursery.

Suggested video:

- Black Psychoanalysts Speak Video <https://www.youtube.com/watch?v=N8-Vli7tb44>

Handouts to be provided as needed by instructor:

- Shapiro, D (1992) From a Characterological View. Contemporary Psychoanalysis, Vol. 28, No. 3
- Fliess, Robert, MD, Editor (1973) "The Psycho-Analytic Reader" An Anthology of Essential Papers, An Ontogenetic Table, pg. 254
- Pine, Fred. (1992). Multiple Models, Clinical Practice, and Psychoanalytic Theory: Response to Discussants. Integration of theories (Pine: Drive, ego, object, and self: A synthesis for clinical work) Contemporary Psychoanalysis, 28():295-299.
- Horner, Althea (1990) The Primacy of Structure, Figure 1, pg. 23, Stages and Processes of early object relations and their related pathologies.
- Pine, Fred Excerpt from "The four psychologies of psychoanalysis and their place in clinical work December 24, 1986
- Blank, Gertrude and Rubin (1994) Ego Psychology, Theory and Practice. Chapter 13, Descriptive Developmental Diagnosis and The Fulcrum of Development; pg. 145-153 Figure 1
- Margaret Mahler M.D. A Study of the Separation-Individuation Process—And its Possible Application to Borderline Phenomena in the Psychoanalytic Situation (1971). Psychoanalytic Study of the Child, 26():403-424
- Melanie Klein (1952). The Origins of Transference International Journal of Psychoanalysis, 33():433-438
- Horner, A. (1982). Discussion of "Compulsive personality disorder". The American Journal of Psychoanalysis, 42(3), 199-205.
- Freud, Anna (1966). Obsessional Neurosis: A Summary of Psycho-Analytic Views as Presented at the Congress International Journal of Psycho-Analysis, 47:116-122
- Klein, M. (1946). Notes on some schizoid mechanisms. International Journal of Psychoanalysis, 27, 99-110.
- John Steiner (1992) The Equilibrium Between the Paranoid-Schizoid and the Depressive Positions (1992). New Lib. of Psycho-Anal., (14):46-58
- Melanie Klein (1948) A Contribution to the Theory of Anxiety and Guilt International Journal of Psychoanalysis, 29():114-123
- Mendez, T. (2019). In conversation with race and psychoanalysis: An introduction. Psychoanalytic Social Work, 26(1), 1-4.
<https://doi.org/10.1080/15228878.2019.1604239>
- Chelsea Small (October 26, 2020) The Embeddedness of Racism in Psychoanalysis.

- Alan Roland, PhD (1996) the Influence of Self and Self-Object Relationships, an Asian and North American Comparison – Psychoanalytic Dialogues, 6(4); 461-475.
- Binder, P Between tradition and change 2007: Teaching psychoanalysis within psychology and psychiatry. International Forum of Psychoanalysis. 2007